

LIFESPORT—Libertyville

Located near downtown Libertyville, LifeSport—Libertyville has indoor and outdoor tennis courts, indoor and outdoor pickleball courts, a fully stocked pro shop, and a state of the art fitness facility with group exercise classes, a Pilates reformer studio, and Hydro massage. We offer full-service locker rooms, including towel service, with steam rooms.

1030 S 4th Ave
Libertyville, IL 60048
847 362-5553
lifesport.com

HOURS:
MON–FRI 6:00AM–10PM
SAT–SUN 6AM–7PM

LIFESPORT—Lincolnshire

Located in a convenient location off of Half Day Road, LifeSport—Lincolnshire offers five indoor hard courts, four outdoor clay courts, Platform tennis courts, indoor Pickleball courts, and a fitness center with group exercise classes and fundamental training. We offer full-service locker rooms, including towel service, with saunas.

96 Elm Road
Lincolnshire, IL 60069
847 913-2000
lifesport.com

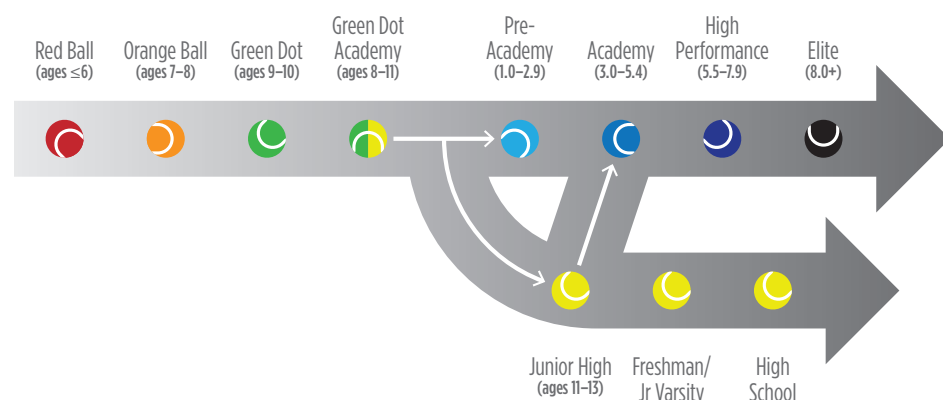
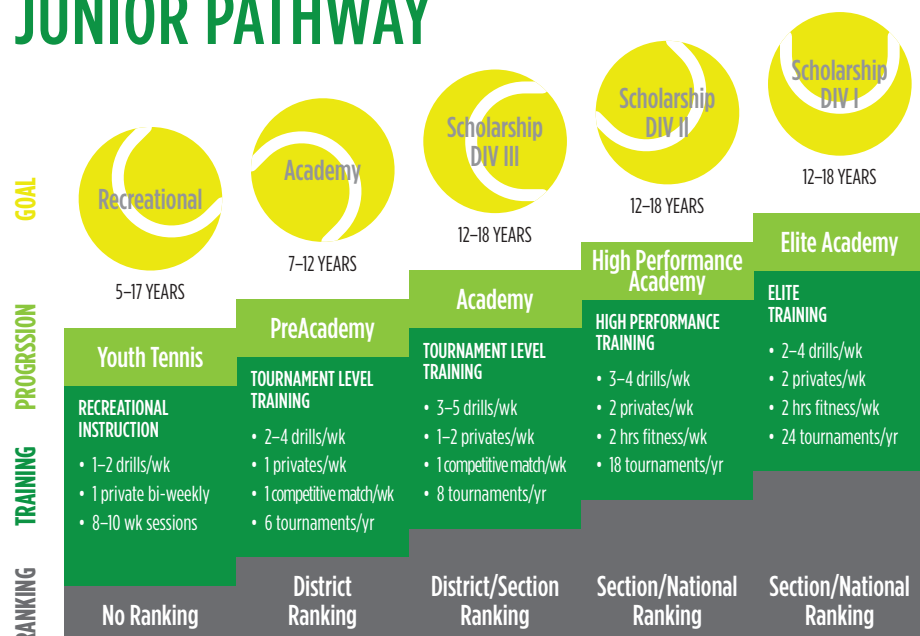
HOURS:
MON–THU 7AM–11PM
FRI 7AM–10PM
SAT–SUN 7AM–7PM



**2025
WINTER
SPRING**
PROGRAMS

LifeSport Athletic Club

JUNIOR PATHWAY



winter session
Jan 6-Mar 16

spring session
Mar 17-Jun 6

no class Apr 20, May 24-26

junior platform

JUNIOR PLATFORM

An introductory program for youth 11-18 years old. Students learn the basic mechanics of all shots, scoring, etiquette, and strategy.

LINCOLNSHIRE	JAN 6-FEB 23	FEB 24-APR 13	APR 14-JUN 2
MON 5-6PM	\$196/\$252	\$196/\$252	\$196/\$252

adult platform

PLATFORM 123

Welcome to the fun, addictive, and great world of Platform Tennis! Students learn the basic mechanics of all shots, scoring, etiquette, and strategy.

LINCOLNSHIRE	JAN 6-FEB 23	FEB 24-APR 13	APR 14-JUN 2
MON 6-7PM	\$196/\$252	\$196/\$252	\$196/\$252
SAT 10-11AM	\$196/\$252	\$196/\$252	\$168/\$216

PLATFORM 456

An introductory program for those who have passed thru Platform 123. Students learn the basic mechanics of all shots, scoring, etiquette, and strategy.

LINCOLNSHIRE	JAN 6-FEB 23	FEB 24-APR 13	APR 14-JUN 2
MON 7-8PM	\$252/\$308	\$252/\$308	\$252/\$308
SAT 11AM-12PM	\$252/\$308	\$252/\$308	\$216/\$264

To participate in team drills, players must be members of LifeSport Athletic Club and rostered on a team.

MEN'S TEAM DRILL

LINCOLNSHIRE	PER TIME MEM	PER TIME NON
MON 6:30-8PM	\$47	\$59

LADIES' TEAM DRILL

LINCOLNSHIRE	PER TIME MEM	PER TIME NON
MON 9:30-11AM	\$47	\$59

no class

Apr 20; May 24-26

platform tennis



Fencing is a competitive sport of strategy, skill, finesse and endurance. Fencing offers children and teens physical activity in a structured format and teaches life skills such as confidence, focus, decision making, and respect.

FOR JRS. AGES 8 THRU HIGH SCHOOL

BEGINNER FENCING

THU 7:00-8:30PM

FRI 4:30-6:00PM

JUNIOR ADVANCED FENCING

SAT 11:00AM-1:00PM

FRI 6:00-7:30PM

HIGH SCHOOL FENCING

SAT 1:00-3:00PM

OPEN FENCING PRACTICE

WED 7:00-9:00PM

LFA provides the fencing equipment in our beginner classes. As skills improve and knowledge deepens, participants may purchase their own gear and weapons.

@ Libertyville

junior tennis

RED BALL (ages 6 & under)

Players in this class will work on their motor skills, athletic development, agility, balance, and hand-eye coordination. Players participate in drills in a fun and friendly environment on a 36' court. Racket skills are introduced along with the concept of cooperative drills.

LIBERTYVILLE	JAN 6-MAR 16	MAR 17-JUN 6
MON 4-5PM	\$310	\$341
WED 4-5PM	\$310	\$372
SAT 9-10AM	\$310	\$310
SUN 9-10AM	\$310	\$279
LINCOLNSHIRE	MEMBER	MEMBER
MON 4-5PM	\$310	\$341
WED 4-5PM	\$310	\$372
SAT 9-10AM	\$310	\$310

ORANGE BALL (ages 8 & under)

This class is formatted around footwork and technique based drills on a 60' court. Rally skills, cooperative drills, point play, and fitness are implemented into the class time.

LIBERTYVILLE	JAN 6-MAR 16	MAR 17-JUN 6
MON 4-5PM	\$400 / \$430	\$440 / \$473
TUE 4-5PM	\$400 / \$430	\$480 / \$516
WED 4-5PM	\$400 / \$430	\$480 / \$516
THU 4-5PM	\$400 / \$430	\$480 / \$516
SAT 9-10AM	\$400 / \$430	\$400 / \$430
SUN 10-11AM	\$400 / \$430	\$360 / \$387
LINCOLNSHIRE	MEMBER / NON	MEMBER / NON
MON 4-5PM	\$400 / \$430	\$440 / \$473
WED 4-5PM	\$400 / \$430	\$480 / \$516
SAT 9-10AM	\$400 / \$430	\$400 / \$430
SUN 10-11AM	\$400 / \$430	\$360 / \$387
SUN 11AM-12PM	\$400 / \$430	\$360 / \$387

GREEN BALL (ages 10 & under)

Players at this level graduate to a full 78' court. Rally skills, cooperative drills, point play, and fitness are emphasized.

LIBERTYVILLE	JAN 6–MAR 16	MAR 17–JUN 6
MON 4-5PM	\$400 / \$430	\$400 / \$430
TUE 4-5PM	\$400 / \$430	\$480 / \$516
WED 4-5PM	\$400 / \$430	\$480 / \$516
SAT 10-11AM	\$400 / \$430	\$400 / \$430
SUN 11AM-12PM	\$400 / \$430	\$360 / \$387
LINCOLNSHIRE	MEMBER / NON	MEMBER / NON
TUE 4-5PM	\$400 / \$430	\$480 / \$516
THU 4-5PM	\$400 / \$430	\$480 / \$516
SAT 9-10AM	\$400 / \$430	\$400 / \$430
SUN 10-11AM	\$400 / \$430	\$360 / \$387

ORANGE BALL ACADEMY (ages 8–11, by invitation)

Players in this class are expected to have basic technique, footwork, and be self-motivated. Advanced point play scenarios, technique concepts, and strategy are introduced to the players on a 60' court. This class is meant to prepare kids for USTA Orange Ball Tournaments.

LIBERTYVILLE	JAN 6–MAR 16	MAR 17–JUN 6
FRI 4:30-6PM	\$600 / \$645	\$720 / \$774
SAT 9-10:30AM	\$600 / \$645	\$600 / \$645
SUN 9:30-11AM	\$600 / \$645	\$540 / \$580. ⁵⁰
LINCOLNSHIRE	MEMBER / NON	MEMBER / NON
MON 4:30-6PM	\$600 / \$645	\$660 / \$709. ⁵⁰
WED 4:30-6PM	\$600 / \$645	\$720 / \$774
SAT 10-11:30AM	\$600 / \$645	\$600 / \$645

winter session
Jan 6–Mar 16

spring session
Mar 17–Jun 6

no class Apr 20, May 24–26

CARDIO PICKLEBALL

Cardio Pickleball is a fun group activity and a great way for players to enjoy the game in about an hour. You can get an amazing workout, socialize, and enjoy pickleball.

LINCOLNSHIRE	MEM/TIME	NON/TIME
SAT 1-2PM	\$12	\$20

DRILL & PLAY

LINCOLNSHIRE	MEM/TIME	NON/TIME	LINCOLNSHIRE	MEM/TIME	NON/TIME
TUE 10:30AM-12PM	\$16	\$28	FRI 11AM-12:30PM	\$16	\$28
WED 12-1:30PM	\$16	\$28	FRI 12:30-3PM	\$16	\$28
WED 1:30-3PM	\$16	\$28			

PICKLEBALL MATCH PLAY

LIBERTYVILLE		PER TIME MEM	PER TIME NON		
MON	8:30-11AM	\$7	\$19		
WED	8:30-11AM	\$7	\$19		
FRI	8-10AM	\$7	\$19		
LINCOLNSHIRE	2 HOUR	JAN 2–FEB 9	FEB 10–MAR 23	MAR 24–APR 27	APR 28–JUN 6
TUE	8-10PM	\$65/\$100	\$78/\$120	\$65/\$100	\$78/\$120
THU	8-10PM	\$78/\$120	\$78/\$120	\$65/\$100	\$78/\$120
LINCOLNSHIRE	MEN 3.5-4+	MEM/NON	MEM/NON	MEM/NON	MEM/NON
WED	10AM-12PM	\$65/\$100	\$78/\$120	\$65/\$100	\$78/\$120
LINCOLNSHIRE	1½ HOUR	JAN 2–FEB 9	FEB 10–MAR 23	MAR 24–APR 27	APR 28–JUN 6
MON	12-1:30PM	\$48.75/\$75	\$58.50/\$90	\$48.75/\$75	\$48.75/\$75
WED	12-1:30PM	\$48.75/\$75	\$58.50/\$90	\$48.75/\$75	\$58.50/\$90
WED	8:30-10PM	\$48.75/\$75	\$58.50/\$90	\$48.75/\$75	\$58.50/\$90
THU	9-10:30PM	\$58.50/\$90	\$58.50/\$90	\$48.75/\$75	\$58.50/\$90
FRI	9:30-11AM	\$58.50/\$90	\$58.50/\$90	\$48.75/\$75	\$58.50/\$90

no class

Apr 20; May 24–26

For more information or to book a Pickleball Party or Event, contact:

Liz McNamara 847 362-5553 liz@lifesport.com

adult pickleball

PICKLEBALL 123

Learn the rules, scoring, and basic strategy of Pickleball.

LIBERTYVILLE		JAN 2-FEB 2	FEB 3-MAR 2	MAR 3-MAR 30	MAR 31-MAY 2	MAY 3-JUN 6
MON	11AM-12PM	\$104/\$128	\$104/\$128	\$104/\$128	\$130/\$160	\$104/\$128
TUE	11AM-12PM	\$104/\$128	\$104/\$128	\$104/\$128	\$130/\$160	\$130/\$160
THU	9-10AM	\$130/\$160	\$104/\$128	\$104/\$128	\$130/\$160	\$130/\$160
LINCOLNSHIRE		MEM/NON	MEM/NON	MEM/NON	MEM/NON	MEM/NON
MON	11AM-12PM	\$104/\$128	\$104/\$128	\$104/\$128	\$130/\$160	\$104/\$128
WED	1:30-2:30PM	\$104/\$128	\$104/\$128	\$104/\$128	\$130/\$160	\$130/\$160

PICKLEBALL 456

Enhance techniques in groundstrokes, strength, serves, and volleys beyond Pickleball 123.

LIBERTYVILLE		JAN 2-FEB 9	FEB 10-MAR 23	MAR 24-APR 27	APR 28-JUN 6
MON	12-1PM	\$130/\$160	\$156/\$192	\$130/\$160	\$130/\$160
TUE	1-2PM	\$130/\$160	\$156/\$192	\$130/\$160	\$156/\$192
THU	10-11AM	\$156/\$192	\$156/\$192	\$130/\$160	\$156/\$192
LINCOLNSHIRE		MEM/NON	MEM/NON	MEM/NON	MEM/NON
MON	11AM-12PM	\$130/\$160	\$156/\$192	\$130/\$160	\$130/\$160
MON	8-9PM	\$130/\$160	\$156/\$192	\$130/\$160	\$130/\$160
WED	1:30-2:30PM	\$130/\$160	\$156/\$192	\$130/\$160	\$156/\$192

PICKLEBALL 789

This class enhances techniques in groundstrokes, strength, serves, and volleys beyond Pickleball 456.

LIBERTYVILLE		JAN 2-FEB 9	FEB 10-MAR 23	MAR 24-APR 27	APR 28-JUN 6
MON	1-2:30PM	\$195/\$240	\$234/\$288	\$195/\$240	\$195/\$240
WED	2-3:30PM	\$195/\$240	\$234/\$288	\$195/\$240	\$234/\$288
THU	1-2:30PM	\$234/\$288	\$234/\$288	\$195/\$240	\$234/\$288

PICKLEBALL LEAGUE PLAY

Pickleball leagues are available at LifeSport – Libertyville and Lincolnshire. Contact a club for specific information.

GREEN BALL ACADEMY (by invitation)

Players in this class will possess full court rally skills, more advanced footwork, and an understanding of the game. Players are expected to have good endurance and focus.

LIBERTYVILLE		JAN 6-MAR 16	MAR 17-JUN 6
FRI	4:30-6PM	\$600 / \$645	\$720 / \$774
SAT	9-10:30AM	\$600 / \$645	\$600 / \$645
SUN	11AM-12:30PM	\$600 / \$645	\$540 / \$580.50
LINCOLNSHIRE		MEMBER / NON	MEMBER / NON
TUE	4:30-6PM	\$600 / \$645	\$720 / \$774
THU	4:30-6PM	\$600 / \$645	\$720 / \$774
FRI	4:30-6PM	\$600 / \$645	\$720 / \$774
SAT	10-11:30AM	\$600 / \$645	\$600 / \$645

JUNIOR HIGH (ages 11-13)

An excellent program for 11-13 year-olds who are just starting tennis. Students will be introduced to volleys, serves and ground strokes with an emphasis on form and control.

LIBERTYVILLE		JAN 6-MAR 16	MAR 17-JUN 6
TUE	4-5PM	\$400 / \$430	\$480 / \$516
THU	4-5PM	\$400 / \$430	\$480 / \$516
FRI	6-7PM	\$400 / \$430	\$480 / \$516
SAT	11AM-12PM	\$400 / \$430	\$400 / \$430
SUN	12-1PM	\$400 / \$430	\$360 / \$387
LINCOLNSHIRE		MEMBER / NON	MEMBER / NON
TUE	4-5PM	\$400 / \$430	\$480 / \$516
THU	4-5PM	\$400 / \$430	\$480 / \$516
FRI	4-5PM	\$400 / \$430	\$480 / \$516
SUN	11AM-12PM	\$400 / \$430	\$360 / \$387

HIGH SCHOOL 123 (members only)

An introductory program for youth 14-18 perfect for learning the fundamentals of the game—shots, scoring, strategy and rules of the game.

LIBERTYVILLE		JAN 6-MAR 16	MAR 17-JUN 6
SAT	12-1PM	\$400 / \$430	\$400 / \$430

FRESHMAN/JV (members only)

For those who have excelled through the Junior High class and have been recognized for their exceptional attitude, desire, and stroke development. This class emphasizes more competitive skill building by learning basic patterns and strategies.

LIBERTYVILLE	JAN 6–MAR 16	MAR 17–JUN 6
TUE 4-5:00PM	\$400	\$480
THU 4-5:00PM	\$400	\$480
SAT 10:30AM-12PM	\$600	\$600
SUN 12:30-2PM	\$600	\$540
LINCOLNSHIRE	MEMBER	MEMBER
SUN 10-11:30AM	\$600	\$540

HIGH SCHOOL (members only)

This program is designed for Juniors playing in local tournaments or on their high school team. This program strengthens basic skills needed for district level competition with emphasis on high school team tennis.

LIBERTYVILLE	JAN 6–MAR 16	MAR 17–JUN 6
SUN 2-4PM	\$800	\$720
FRI 7-9PM	\$800	\$960
LINCOLNSHIRE	MEMBER	MEMBER
SAT 10–11:30AM	\$600	\$600

HIGH SCHOOL INVITATIONAL (members only)

Class description needed.

LIBERTYVILLE	JAN 6–MAR 16	MAR 17–JUN 6
MON 7-9PM	\$800	\$800
WED 7-9PM	\$800	\$960

winter session
Jan 6–Mar 16

spring session
Mar 17–Jun 6

no class Apr 20, May 24–26

SILVER sneakers



Our Silver Sneakers classes are for members who are new to fitness, pregnant, recovering from an injury, or a senior. Our low-impact classes provide a total body workout with cardiovascular floor exercises, weights, and mat work to improve balance, flexibility, and mobility.

Contact us for more details: lifesport.com 847 913-2000

WOMEN'S CITA TEAM DRILLS (membership required)

These teams participate in weekly practices and/or matches.

LIBERTYVILLE	DAY	TIME	PER TIME RATE	COUPON RATE	COUPON BOOK (6)
WOMEN'S 4.5/MULTI	TUE	9-11AM	\$58	\$53	\$318
WOMEN'S 4.0	MON	11AM-1PM	\$58	\$53	\$318
WOMEN'S 3.5/3.0	MON	9-11AM	\$58	\$53	\$318
WOMEN'S 3.0	THU	11AM-1PM	\$58	\$53	\$318
SINGLES					
WOMEN'S 4.0/4.5	THU	9-10:30AM	\$47		
WOMEN'S 3.0/3.5	THU	10:30AM-12PM	\$47		

LINCOLNSHIRE	DAY	TIME	PER TIME RATE	COUPON RATE	COUPON BOOK (6)
WOMEN'S TT 3.5	MON	9-11AM	\$58	\$53	\$318
WOMEN'S PRO AM	WED	9:30-11:30AM	\$51		
WOMEN'S MATCH	WED	10AM-12PM	\$33		

elevate

small group personal training

Elevate is a high-intensity, small group personal training program designed to push you to new levels of strength, endurance, and agility. No two workouts are the same, keeping your routine fresh and challenging. Led by expert instructors, the program is designed to progress over time, ensuring you're always challenged to become your best self. With quarterly fitness assessments, you'll track your progress and see just how much you've improved. Whether you're training once, twice, or three times a week, you'll not only elevate your fitness but also the energy and performance of the group.

elevate yourself, your team, your life

adult tennis programs

MEN'S DRILLS

Our longest running program for men. Come see why the guys love our drills!

LIBERTYVILLE	DAY	TIME	PER TIME RATE	COUPON RATE	COUPON BOOK (6)
MEN'S 3.5-4.5	THU	7-9PM	\$58	\$53	\$318

CO-ED DRILLS (membership required)

Join our weekly, high-intensity Co-ed Drill. Sessions will include warm-ups, singles drills and point play, and doubles drills and point play.

LINCOLNSHIRE	DAY	TIME	PER TIME RATE	COUPON RATE	COUPON BOOK (6)
INTERMEDIATE	TUE	7-9PM	\$58	\$53	\$318

WOMEN'S DRILLS

LIBERTYVILLE	DAY	TIME	PER TIME RATE	COUPON RATE	COUPON BOOK (6)
WOMEN'S 4.0+	TUE	7-9PM	\$58	\$53	\$318

junior tennis match play

Players will enjoy the opportunity to use the skills they have developed in class in competitive match play. Coaches will be on-hand to help players improve their game strategy.

JR MATCH PLAY (ages 10-13, by invitation)

For players seeking experience playing matches before USTA Tournament. Weekly matches lead up to a Final Tournament with trophies and special awards for the season.

LIBERTYVILLE	PER TIME
SAT 5-7PM	\$36

with Coaches Gian Remigio & Brice Krizman

Pizza is served after play @ Libertyville

HIGH SCHOOL MATCH PLAY

(ages 13+, by invitation)

JV, Varsity and Intermediate High School Players are strongly recommended. Weekly matches lead up to a Final Tournament with trophies and special awards for the season.

LIBERTYVILLE	PER TIME
SUN 5-7PM	\$36

with Coaches Gian Remigio & Mat Samkutty

GREENBALL MATCH PLAY

LINCOLNSHIRE	PER TIME MEM
FRI 6-7:30PM	\$30

LTA MATCH PLAY (ages 10-13)

LINCOLNSHIRE	PER TIME MEM
SAT 3-5PM	\$35

COURT SENSE PERFORMANCE PLAY (by invitation, Singles & Doubles)

Players will learn to confidently compete with a purpose and utilize a strategic plan. On court coaching and feedback will consist of analysis of proper point building, understanding of zones and targets, decision making skills, footwork acceleration and deceleration, recovery movement, situational training with tactical patterns, mental toughness, and competitive mindset with video analysis.

LINCOLNSHIRE	MEM/TIME	NON/TIME
SUN 4-6PM	\$50	\$60

with Coaches Jill Bachochin & Jacek Dabrowski

junior tennis academy

LTA provides a challenging environment for committed players. The Academy is a full-service program offering on-court instruction, match play sessions, tournament scheduling, tournament coaching, fitness, and much more. Players in this program continue developing at a competitive level through high school and even college.

Players have group options seven days a week to accommodate school and tournament schedules. Our experienced pros will help your player achieve any goal set by designing a road-map for success.

LIBERTYVILLE CLUB

MON 5:00-7:00PM
TUE 5:00-7:00PM
WED 5:00-7:00PM
THU 5:00-7:00PM
FRI 7:00-9:00PM

LINCOLNSHIRE CLUB

MON 5:00-7:00PM
TUE 5:00-7:00PM
WED 5:00-7:00PM
THU 5:00-7:00PM
FRI 5:00-7:00PM
SAT 12:00-2:00PM

LTA HIGH PERFORMANCE

MON 7:00-9:00PM
TUE 7:00-9:00PM
WED 7:00-9:00PM
THU 7:00-9:00PM

For more information or for an evaluation, contact:

LIBERTYVILLE

Gian Remigio

847 362-5553

gianr@lifesport.com

Darko Mihajlovic

847 913-2000

darko@lifesport.com

LINCOLNSHIRE

Jill Bachochin

847 913-2000

jillb@lifesport.com

BARRE

Contact Angi Duarer to sign up
847 362-5553 angied@lifesport.com

Barre combines pilates, yoga, strength, and ballet to sculpt and tone your body. Barre will allow you to work safely and effectively with low-impact, small-group training that anyone can do. The exercises develop long, lean muscles to increase flexibility and improve balance.

COMPLIMENTARY TRIAL SESSION AVAILABLE

Pilates dramatically transforms the way your body looks, feels, and performs. It builds strength without excess bulk, creating a sleek, toned body while improving flexibility, agility, and range of motion. It can even help alleviate back pain.

PILATES

Contact Angi Duarer for class options
847 362-5553 angied@lifesport.com



TENNIS 789

This class enhances techniques in ground strokes, strength, serves, and volleys beyond Tennis 456.

LINCOLNSHIRE	JAN 2–FEB 9	FEB 10–MAR 23	MAR 24–APR 27	APR 28–JUN 6
SUN 1-2:30PM	\$324/\$414	\$324/\$414	\$216/\$276	\$216/\$276

ORGANIZED PRACTICE

This program is for men and women rated 2.5 to 3.5. It is a fast-paced learning experience drill group with each session highlighting new shots as well as reviewing the “bread and butter” shots.

LIBERTYVILLE	PER TIME RATE	COUPON RATE	COUPON BOOK (6)
TUE 7-9PM	\$58	\$53	\$318

SHOT OF THE WEEK

This program is for men and women rated 3.0 to 4.5. In fast-paced drills, the class will focus on a specific tennis shot and explain how and when to use it in play.

LIBERTYVILLE	PER TIME RATE	LINCOLNSHIRE	PER TIME RATE
WED 1:30-3PM	\$47	MON 12:30-2PM	\$47

CARDIO TENNIS

Cardio Tennis is a fun group activity and a great way for players to enjoy the game in about an hour, you can get an amazing workout, socialize, and enjoy tennis.

LINCOLNSHIRE	PER TIME RATE
MON 12:30-1:30PM	\$28
TUE 12:30-1:30PM	\$28

MEN'S INVITATIONAL (membership required)

Spend the afternoon playing tennis with the area's top players! The Men's Invitational group was created for players at the 4.0+ level to participate in an organized daytime play group featuring play baseline games, serve/volley, etc.

LINCOLNSHIRE	PER TIME RATE	COUPON RATE	COUPON BOOK (10)
TUE 12-2PM	\$41	\$36	\$360
FRI 12-2PM	\$41	\$36	\$360

no class Apr 20; May 24–26

personal training



Our trainers will help you:

- Address your current health and fitness concerns
- Learn proper technique and form to reduce the risk of injury
- Maximize your workout to fit your schedule
- Improve your fitness level
- Enhance your overall health and wellness
- Get the results you've always wanted

Contact us to set up an initial consultation:

LifeSport–Libertyville

Angi Daurer 847 362-5553

angied@lifesport.com

LifeSport–Lincolnshire

Liz McNamara 847 913-2000

liz@lifesport.com



GROUP FITNESS

FIND THE COMMUNITY
THAT WILL INSPIRE
YOU TO BE YOUR BEST

FOR MORE INFORMATION:

LIFESPORT.COM
847 362-5553



adult tennis

TENNIS 123 (introductory tennis)

Transforming novices into players, our four week classes are perfect for learning the fundamentals of the game and getting a great workout while practicing.

LIBERTYVILLE		JAN 2-FEB 2	FEB 3-MAR 2	MAR 3-MAR 30	MAR 31-MAY 2	MAY 3-JUN 6
THU	9-10AM	\$140/\$180	\$112/\$144	\$112/\$144	\$140/\$180	\$140/\$180
SUN	9-10AM	\$140/\$180	\$112/\$144	\$112/\$144	\$84/\$108	\$112/\$144
LINCOLNSHIRE		MEM/NON	MEM/NON	MEM/NON	MEM/NON	MEM/NON
MON	10-11AM	\$112/\$144	\$112/\$144	\$112/\$144	\$140/\$180	\$112/\$144
THU	10-11AM	\$140/\$180	\$112/\$144	\$112/\$144	\$140/\$180	\$140/\$180
THU	7-8PM	\$140/\$180	\$112/\$144	\$112/\$144	\$140/\$180	\$140/\$180
SAT	9-10AM	\$140/\$180	\$112/\$144	\$112/\$144	\$112/\$144	\$112/\$144
SUN	10-11AM	\$140/\$180	\$112/\$144	\$112/\$144	\$84/\$108	\$112/\$144

TENNIS 456 (introductory tennis)

An introductory program for those who have played tennis but haven't picked up a racket in years or have advanced beyond Tennis 123.

LIBERTYVILLE		JAN 2-FEB 9	FEB 10-MAR 23	MAR 24-APR 27	APR 28-JUN 6
MON	8:30-10PM	\$270/\$345	\$324/\$414	\$270/\$345	\$270/\$345
TUE	7-8:30PM	\$270/\$345	\$324/\$414	\$270/\$345	\$324/\$414
WED	9-10:30AM	\$270/\$345	\$324/\$414	\$270/\$345	\$324/\$414
WED	7-8:30PM	\$270/\$345	\$324/\$414	\$270/\$345	\$324/\$414
THU	9-10:30AM	\$324/\$414	\$324/\$414	\$270/\$345	\$324/\$414
SAT	9-10:30AM	\$324/\$414	\$324/\$414	\$270/\$345	\$216/\$276
SUN	10-11:30AM	\$324/\$414	\$324/\$414	\$216/\$276	\$216/\$276
LINCOLNSHIRE		MEM/NON	MEM/NON	MEM/NON	MEM/NON
MON	11-12:30PM	\$270/\$345	\$324/\$414	\$270/\$345	\$270/\$345
MON	7-8:30PM	\$270/\$345	\$324/\$414	\$270/\$345	\$270/\$345
THU	11:30AM-1PM	\$324/\$414	\$324/\$414	\$270/\$345	\$324/\$414
SUN	8:30-10AM	\$324/\$414	\$324/\$414	\$216/\$276	\$216/\$276

no class

Apr 20; May 24-26